

# Central Indiana Gastroenterology Group

## Gastroscopy Preparation

Do not have anything to eat 6 hours prior to procedure \_\_\_\_\_

Do not have anything to drink 2 hours prior to procedure \_\_\_\_\_

Do not take medications 6 hours prior to procedure \_\_\_\_\_

### Special Note for Diabetics

Day before your procedure \_\_\_\_\_ take ½ of oral and or injectable diabetic medication.

Day of your procedure \_\_\_\_\_ take ½ of injectable diabetic medication only.

If you only take oral, do not take any diabetic medication day of procedure.

### **You may take all your daily medications 6 hours prior except for the following:**

Take last dose of Coumadin 5 days prior \_\_\_\_\_

Take last dose of Plavix 7 days prior \_\_\_\_\_

Take last dose of Effient 7 days prior \_\_\_\_\_

Take last dose of Oil base products (fish, mineral, or flax seed) 7 days prior \_\_\_\_\_

Take last dose of Iron 5 days prior \_\_\_\_\_

**You do need a driver 18 years of age or older.** The driver needs to be in the waiting room following the procedure where the doctor can come out and give instructions or result; they will need to stay with you the entire day for you safety.

Do not wear jewelry, perfume, cologne, aftershave, scented lotions to procedure. You can wear deodorant and makeup. NO nail polish for Dr. Nowak patients only.

**Day of Procedure:** \_\_\_\_\_

**Time to Report:** \_\_\_\_\_

### **Report to one of the following facilities:**

**Digestive Disease Center** \_\_\_\_\_  
Erskine/Ambulatory Building, two doors down from office  
2020 Meridian Street Ste. 350

**Community Endoscopy Center** \_\_\_\_\_  
Last building at Community Hospital  
1601 Medical Arts Blvd Ste.300

**St.Joe's (Kokomo)** \_\_\_\_\_  
1907 W Sycamore

**Howard Regional (Kokomo)** \_\_\_\_\_  
3500 S LaFountain

**St.John's Hospital** \_\_\_\_\_  
2015 Jackson St

**Community Hospital** \_\_\_\_\_  
1515 N Madison Ave

**Dr. Jon Maier** \_\_\_\_\_

**Dr. Rod Nisi** \_\_\_\_\_

**Dr. Christopher Foster** \_\_\_\_\_

**Dr. Thomas Nowak** \_\_\_\_\_